

A Message from the Booster Club

"Why should I care about Booster Club, what does the Booster Club do for me?"

The purpose of the Booster Club is to reduce the cost of competing but, since the majority of these costs are hidden, most families have no idea what they are saving.

What does the Booster Club Pay for?

Individual Meet Entry Fee - \$45-125 per athlete, per meet
Team Competition Fee - \$35-100 per level, per meet
Athlete Travel Funds – Optional travel, regional, and national meets
Coaches Travel Expenses To and From All Meets – Mileage, hotel, airfare, etc.
Coaches Daily Per Diem Expenses for All Meets – \$50 per coach, per day
Coaches Session Fees - \$50 per coach, per session
Team Building Activities, Outside Trainers, and Team Parties & Banquets
Administration & Overhead Expenses

Where does all that money come from?

It's simple, the Annual Rose City Classic Gymnastics Invitational. This is the meet that we host each year and the profits made are the funds we use for the athletes.

How can you help?

VOLUNTEER!!!! I cannot stress that word enough. We are a parent run organization and we depend on our parents to volunteer their time in order to succeed.

SPONSORSHIPS!!!! Year after year, we are able to tie the amount we profit on the Rose City Classic directly to the amount of sponsorships raised.

I hope this helps illustrate why it is SO very important that EVERY family, not only do their part for Rose City, but also serve on a Committee. Working Rose City will take up one weekend of your time for the year. Serving on the Board or a Committee will take about 1 hour of your time per month. (With the exception of Secretary, Treasurer, and Meet Committee; these jobs do take up more time.)

Please keep this information in mind when raising sponsorships. Please consider serving on a committee. Please volunteer to help work the Rose City meet with a smile on your face and in your heart.

Sincerely,
Yvonne Wright
TEG Booster Club

Dear Team Parents:

Congratulations on your daughter's selection to the Texas East Gymnastics' girls' competitive team. This is an exciting accomplishment and one in which you should be very proud!

Competitive gymnastics can be exciting, fun, and an opportunity for your child to develop life-long skills such as discipline, commitment, focus, and teamwork. It can also be quite expensive! There are costs such as competition and workout wear, meet entry fees, registration fees, and travel. These costs are above and beyond the monthly training fees paid to the gym. In an effort to offset some of these costs and to make TEG team membership open to as many as possible, the Texas East Gymnastics Booster Club was established.

The primary mission of the TEG Booster Club is to raise funds to defray some of the costs of competitive gymnastics. In addition, the Booster Club serves as a way for new team parents to interact with those who have traveled this path for a while, providing a means to "learn the ropes," as well as, a support mechanism for the girls and their parents.

Membership to the Texas East Gymnastics Booster Club is automatic for any USAG, TAAF or AGA team gymnast. The by-laws can be found at www.texaseastgymnastics.com. The booster club is considered a federal tax exempt organization under Section 501 (c) (3) of the Internal Revenue Code. This means that our benefits are available to any and all team members. As a result, the success of the Booster Club depends on the participation of every family. We are blessed to have the complete and total support of the Texas East Gymnastics owners and coaches. They understand the importance of the Booster Club's role in making competitive gymnastics available to as many athletes as possible.

Since 2007, the primary fundraiser for the TEG Booster Club is hosting the Rose City Classic Gymnastics Invitational. This is a huge, but also hugely successful event, hosted in the spring. This event is responsible for virtually 95% of our revenue. Those families that have participated in the Rose City Classic before can tell you what an exciting event this is for our girls. They absolutely love it, and it is the only opportunity they have to compete and showcase the skills they have worked so hard to master in front of a hometown crowd! The event also provides parents the opportunity to see the inner workings of a gymnastics meet up close and personal!

Booster Club participation includes the following:

- Achieve recommended fundraising goals for the Rose City Classic. This is done by obtaining meet sponsorships, selling ads for the program and/or food/raffle item donation. (As an example, the goals for the 2017 Rose City Classic were \$250 per compulsory and \$300 per optional gymnast and \$325 for multi-gymnast families).
- Working the Rose City Classic. Each family is asked to work several sessions at the meet. The number of sessions is dependent upon the number of team families and number of sessions required to accommodate all gymnasts entering the competition. It is important to block out your entire weekend for the RCC and to arrange childcare ahead of time. You will be very busy that weekend!
- Serving on ONE general booster club committee. (See attached committee description sheet).

Booster Club officers are strictly volunteers. They are individuals willing to give their time, energy, and talents to making sure our girls have a rewarding experience during their journey through competitive gymnastics. Thank you in advance for your support, and again welcome to the TEG Gymnastics Team Family!

Texas East Gymnastics Booster Club Membership Registration & Committee Sign-Up Form

Booster Club membership is automatic and free for the parents or legal guardians of all USAG, TAAF, and AGA competitive female gymnasts of Texas East Gymnastics, LLC. In order to maintain the roll and records of the Booster Club and thus receive all the Booster Club benefits **please complete this form and return it to the front desk by Friday, June 19, 2017.**

- We understand that we will be required to pay the tuition cost associated with our gymnast's training and that such costs are not the responsibility of or part of the mission of the Booster Club.
- We further understand that we will be responsible for the costs of competition such as meet fees, coaches travel, competitive team apparel that is over and above the amount that the Booster Club can help defray. We understand that these will be paid to the Booster Club as pass through costs and that the Booster Club will then pay all fees and expenses necessary to enter each gymnast into the appropriate competitions/meets. We understand that all gymnasts at a particular skill level are afforded the exact same benefit from the Booster Club.
- As members of the Booster Club, we understand that we will be asked to volunteer time for fundraising and other committee duties associated with the operation of the Booster Club. TEG expects all families to accommodate such requests and families who do not may be asked to leave the team at the sole discretion of the TEG coaches as stated in the TEG handbook.
- We are willing to serve on the following committees (see attached descriptions.) Please mark 1st, 2nd, and 3rd choices.

Executive Board

Leo Swap

Pro Shop

Lockers

Invitational Meet

Big Sis/Little Sis

Community Service Coordinator

Hospitality (Parties & Activities)

Decals

Competitive Leos

Level Representative

Please Print

Level: _____ Grade: _____

Gymnast Name: _____ School: _____ DOB: _____

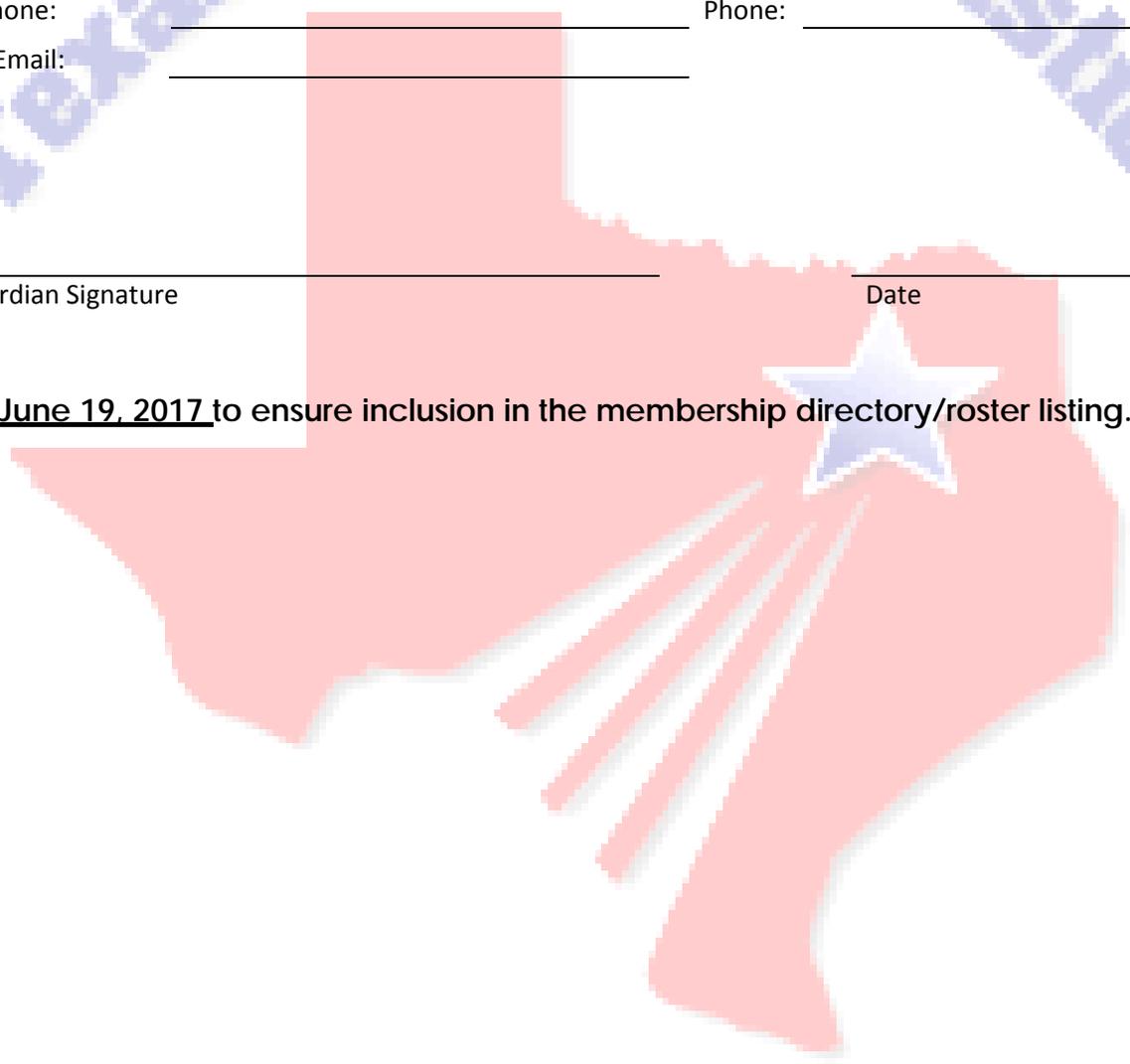
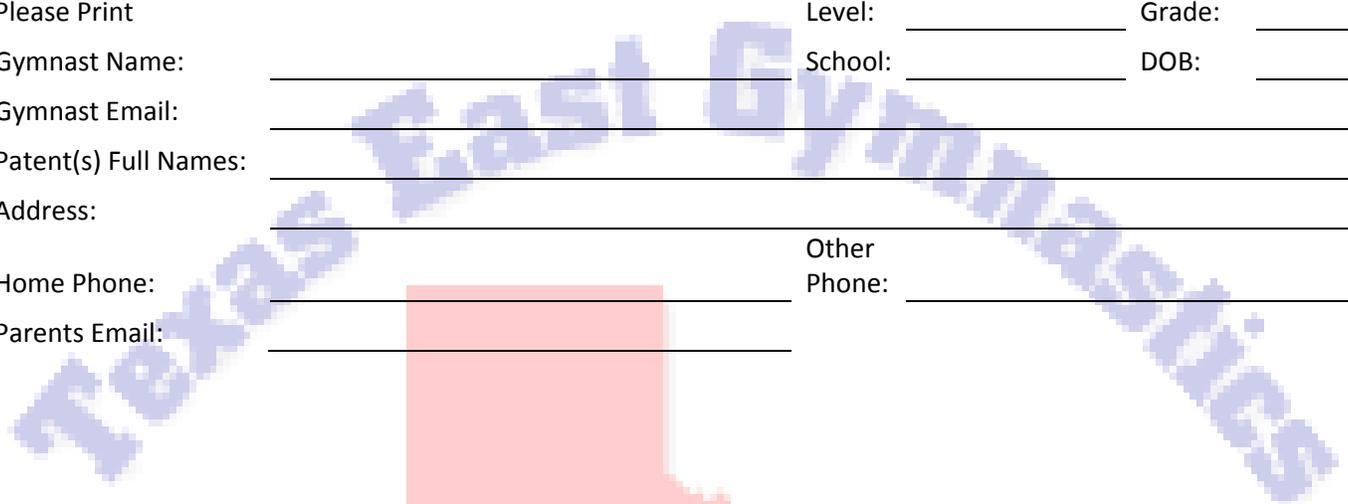
Gymnast Email: _____

Parent(s) Full Names: _____

Address: _____

Home Phone: _____ Other Phone: _____

Parents Email: _____



Parent/Guardian Signature _____

Date _____

Due By June 19, 2017 to ensure inclusion in the membership directory/roster listing.

TEGBOOSTERCLUBCOMMITTEEDESCRPTIONS

Many of these committees only require a few individuals. Others require many more such as the pro-shop and meet committees. We would encourage everyone to serve on the meet committee in some capacity.

- **Executive Board:** (5 people)
 - President—Exercises supervision and control over all BC activities. They preside over all meetings and execute official documentation as authorized by the Board. They must become familiar with the BC bylaws and ensure their proper application
 - Vice-president—Assists the president as needed and may assume the president's duties in the event the president is unable or unwilling to continue.
 - Secretary—keeps meeting minutes and maintains corporation books. They see that notices and meetings are delivered and held in compliance of bylaws. They keep the membership roster up to date and facilitate communication between the gym and the BC members.
 - Treasurer—The treasurer has charge, custody, and responsibility of the BC funds. They must maintain accurate accounting of the BC funds and athlete "accounts." They are responsible for the creation and adherence to the yearly budget. They should present the financial records to the membership at meetings. They must also ensure compliance with all legal and tax laws, reportings, and deadlines.
 - Meet Chair—Is responsible for planning and executing all aspects of the Rose City Classic invitational. They must oversee all subcommittees to ensure that the RCC will be an organized and successful event.
- **Membership Committee:** (5 people)

The committee members are the Incoming and Outgoing President, Vice President, Secretary and Treasurer. This committee is responsible for updating and putting together membership packets each year. The membership committee also schedules any welcome meetings and communicates to new members the purpose and benefits of the Booster Club. The committee is also responsible for reviewing, updating, and distributing all membership related forms. This committee also maintains an active roster of members.
- **Level Representative:** (9 people)

This is a position on the Booster Club Board that is nominated by the Executive Board and elected by the General Membership. This position attends board meetings and votes on all motions. This person is responsible for coordinating the good luck posters and gifts for each meet for the gymnasts at the competitive level they represent. They are also the primary communication between the parents whose gymnasts are at that competitive level and the Booster Club.
- **Invitational Meet Committee:** (10+ people)

This committee is responsible for the planning, coordinating, and overseeing of the major fundraiser (Rose City Classic Invitational). We encourage everyone to serve on this committee or a sub-committee as it requires a tremendous amount of work. We believe the meet is better organized and more profitable when most everyone participates. (Please be aware that serving on this committee does not lessen the fundraising obligations or work shifts during the RCC meet weekend.)
- **Pro-Shop Committee:** (12+ people)

This committee is responsible for overseeing the Pro-Shop: ordering and changing out the shipments, establishing a sales schedule for the year and working the Pro-Shop sales. (Only sign up for this committee if you will be occasionally available to sell leos. This requires at least some members of the committee being available as early as 4:00 pm during weekdays). Generally, we have leo sales about every two-three weeks and each volunteer works approx. one leo sale every two months.
- **Leo Swap Committee:** (2+ people)

The Leo Swap committee is responsible for scheduling, coordinating and working used leo swaps during the year.

There should be three to four leos swaps a year. Most of the work is done by the family selling the leo. The committee members just need to schedule and work the sale.

- **Hospitality Committee:** (5+ people)
This committee is responsible for scheduling, planning, and organizing fellowship opportunities such as the end of the season parties. They are also responsible for the organization of team building activities as suggested by the Team coaches.
- **Decal Committee:** (2+ people)
This committee is responsible for scheduling, organizing, selling, ordering, and distributing the TEG Decals.
- **Locker Committee:** (1 person)
This committee is responsible for assigning lockers to existing and new gymnasts, as well as maintaining a list of all assigned lockers and combinations. They will also need to verify lockers are cleaned out if a gymnast leaves and that all rules are being followed in accordance to the locker agreements.
- **Competitive Leo Committee:** (5+ people)
This committee is responsible for helping with the sizing, ordering, collection of funds, and distribution of competitive leos and warm-ups. At times, this committee will also be responsible for the collection, sale, and redistribution of used competition apparel.
- **Community Service Committee:** (2+ people)
This committee will coordinate all community service projects with the gym. This includes, but is not limited to: Grande clean-up, and toy and food drives.
- **Big Sis/ Lil Sis Committee:** (2+ people)
This committee will randomly assign little sisters to the big sisters. They will use creativity to encourage all gymnasts to participate in this fun program.

GYM FAQ'S

Q: What is the difference between Optional and Compulsory?

A: Gymnasts competing at Level 6-10 are Optionals. They have unique music and choreography for their routines. Compulsory gymnasts are levels 2-5. Compulsories, at each level, use the same music and choreography throughout the US, in both USAG and TAAF teams.

Q: What is elite?

A: Elite is what you see on the Olympics. Most gymnasts will never achieve elite status.

Q: What is achievement and placement?

A: Achievement means everyone gets a score at a meet but you are not ranked in first, second, third, etc. Everyone gets a medal for participation. Placement is when you are ranked by your score. If you don't rank high enough, you will not receive a medal.

Q: Who decides what level a gymnast trains?

A: Your gymnast's competitive level will be determined by her coach. This is usually determined by your child's ability to perform that level's skills accurately and consistently. The previous season's scores can also help the coaches determine at what level a gymnast competes.

Q: Who decides what group a gymnast trains with?

A: This is determined by the TEG coaches. Typically, girls are placed by skill level and age.

Q: What is the Big Sister/Little Sister program?

A: Each year the compulsory gymnasts (the little sisters) are divided among the Optional gymnasts (the big sisters). This allows the newer gymnasts a chance to know and interact with the experienced gymnasts.

Both big and little sisters are welcome to give small tokens of good luck throughout their sister's meet season, likes hugs and notes. The purpose is not about giving or receiving things though, but about knowing that your teammates are cheering you on and being there to support one another. It also allows the lower level gymnasts a mentor to turn to when they need some gymnastics advice.

Q: Costs associated with gymnastics:

A: Gymnastics is a very expensive sport! On top of the monthly tuition, there will be other expenses. These may include, but are not limited to: USAG or TAAF registration/membership fee, meet entry fees, cost of competitive wear as well as workout leotards; other equipment such as tape, grips and grip bag, neck brace, ankle weights, furniture sliders, etc. There will also be travel expenses which will include food, gas, and sometimes hotel stays. Sometimes the gym will sell T-shirts that you may need to purchase in order to participate in certain events that represent the gym. There can also be costs associated with yearly evaluations that may require the hiring of outside judges to help evaluate the gymnasts.

Q: How, when, and who do we order leos and warm-ups with?

A: Each year a new chairperson is nominated to chair the competitive leo committee. That person will contact you with all pertinent information as it becomes available. We typically buy two times a year; in the summer for the compulsory USAG girls, and in the fall for the Optional USAG and TAAF teams.

Q: When do we compete?

A: It depends on what level your gymnast is. Optionals and TAAF teams compete in the winter months.

Typically between December and May (it also depends on how successful your season is). Compulsory teams compete in the fall. Typically from August to December. Elite gymnasts typically compete year round.

Q: How often do we compete?

A: That is entirely up to the coaches. They choose which meets our gym will attend. In the past they have tried to make meets every two to three weeks. But again, this is very much up in the air until we get our meet schedules.

Q: How do I know when and where my daughter will compete?

A: The gym will put a note with your daughter's meet schedule in their box at the beginning of the season. At that time, the gym will not know the exact day or time of your daughter's session. It is simply a schedule of the weekends in which your daughter will compete. Then, no later than 1 week prior to the actual competition, the gym will put a note in each girl's box with their exact session and time of competition. This schedule is decided by the host gym (not our gym) and its release is regulated by USAG regulations. This is not BC related so members of the BC will not have any information regarding specific competition schedules.

Q: Can I contact a host gym for any reason regarding a meet?

A: No, this is a violation of USAG regulations. Any questions you have about a meet should be directed to your coach. You are also welcome to look at the host gym's website to look for an answer but you may never call them.

Q: What area can we expect to travel to or how far for competitions?

A: For optional girls, you can expect one travel meet which may be as far away as Colorado, Nevada, or Florida. All other qualifying meets should be within driving distance but may be in surrounding states. If your daughter qualifies to Regionals and/or Nationals you will most likely have to travel out of state as the locations of these change yearly. For compulsory and TAAF, meets will be in the Dallas/Fort Worth area. There may sometimes be a meet in the Houston area.

Q: Do we travel as a team for competitions or separate and meet there?

A: It is not required that we travel as a team. You can, of course, carpool if that is what you'd like to do.

Q: How should my gymnast look for a meet?

A: Your gymnast's hair must be pulled back off the face and be neat at all times. Very long hair should be in a bun or braided, because your gymnast should not have fly-aways or loose hair. Be sure to stock up on some good mousse, gel, and hairspray as well as clips, barrettes, and bobby pins. Gymnasts may use a matching scrunchie but should have no other embellishments in their hair. There must be no polish on either hands or toes and no make-up should be worn. Your daughter should wear flesh colored, high-cut trunks under their leos.

Q: Do we get ready (hair, leos, etc.) at home or at the gym that we are traveling to?

A: That is something that should be decided individually. It depends on what your gymnast is more comfortable with. However, you should remember that your gymnast needs to be on the competition floor, fully dressed and ready to compete at least 15 minutes prior to open stretch.

Q: What can my gymnast bring to a meet?

A: Most girls carry a bag or back-pack to hold their shoes and warm-ups during the meet. They can also bring a nutritious, protein filled snack and a bottle of water to be carried in their bag. Also make sure they have any gear required for the meet including grips or tape. (And be sure not to forget the leo, trunks, or warm-ups!)

Q: How should supporters behave at meets?

A: While you are there to support your own child, it is important to show good sportsmanship and you should cheer for all gymnasts at a meet. You are representing our gym and as such should conduct yourselves in a positive way. Please remember, you are not allowed to talk to your gymnast once they have entered the competition floor. Also remember that flash photography or any lights on a camera or camcorder are prohibited for the safety of all the girls competing.

Q: How are the girls judged at meets?

A: This is a question that should be asked of your coaches. In general, judges look for overall appearance, quality of individual skills, and the ability to stay in time to the music. There is a Blue Book that all judges use to score each gymnast. Errors are deducted from the start value to end with their score. It can sometimes seem to be very subjective. However, you must remember that they are trained to look for minute details that biased parents may miss.

Q: How can we find out what they need to improve on to better their routine?

A: Ask their coach.

Q: How do we know if the girls are ready for the next level?

A: That is determined by their coach.

Q: Will our team be split up or together each meet?

A: Most likely they will be split, either by age or division.

Q: What can we expect for state meet?

A: It is very similar to any other meet, with the exception of the leo. At state meets, the gymnasts are provided with a leo that they will wear during the competition. This will be given out at the meet site.

Q: What will we do after state meet?

A: It depends on what level your child is. Optionals can go on to Regionals and then on to Nationals if they qualify at the previous meet. For TAAF and Compulsory, State is usually the last meet of the season. After that, teams will typically begin working on the skills needed for the next level.

Q: Will our schedule be the same after State?

A: That is up to the coaches. It is unlikely that your schedule would change, but it is possible.

Q: Will the girls work on the next level routine?

A: This is decided by their coach. If they had a successful season and have shown the ability to work on new skills, chances are increased that they will be allowed to train for the next level. Sometime, usually in the summer, there may be an in-house evaluation (Junior Olympics) to determine if each individual has mastered the skills to compete successfully at a higher level.

Q: Can our team stay together for next year's team?

A: This is determined by the coaches. Usually teams are kept together for the most part; however, there may always be a few who are able to move to a higher level and a few who may

stay at the same level.

Q: What should we expect for our summer schedule?

A: Hours are typically extended in the summer and your tuition will likely increase as well. The hours may be increased by adding an extra day of practice or increasing the length of time of your workout. Both hours and tuition are decided wholly by the gym and have nothing to do with the BC.

Booster Club (BC) FAQs

Q: What is the Booster Club (BC)?

A: The Booster Club is a non-profit organization that helps defray competition expenses for its active members. It also pays for the coaches' travel expenses, team building activities, and social events.

Q: Is the BC part of the gym?

A: No, it is a separate entity. Therefore, all gym related questions must be asked at the gym and all Booster Club business should be directed to a BC member. The front desk has no idea what is going on with the BC, so please do not bother them with those types of questions!

Q: Who is in the BC?

A: The families of all TEG girls' team members make up the BC. There is no fee to be a member. Admission is automatic when your daughter is accepted as a TEG Team member. Pre-team families may elect to join the Booster Club for a fee of \$30 and may serve on a committee but are not asked to work Rose City Classic (RCC), though they may if they wish. They are considered associate members and do not have the power to vote at meetings; however, they are welcome to attend.

Q: What does membership mean for me?

A: You will be asked to volunteer for at least one BC committee. BC committees are minimally time consuming. Board positions and RCC committees are more time consuming. You are also asked to bring in sponsorships for our fundraiser, the Rose City Classic Invitational. In addition to sponsorships, you will be asked to work a certain number of shifts during the meet weekend. The number of shifts will be decided according to the number of active families in the BC and the number of sessions we must have to accommodate all entrants into the RCC. It is best to block the entire weekend of the RCC and to have child care pre-arranged so that you will be available. Members who do not fulfill the minimum requested participation, will no longer be considered in good standing with the BC. As such, it is stated in the TEG handbook, that a member that is not in good standing with the BC may be asked to leave the team.

Q: What are competition expenses?

A: They include all monies that are needed in order for a gymnast to compete. Specifically; registration fees for USAG or TAAF; meet entry fees per athlete; team entry fees; coaches session fees and travel expenses (mileage, airfare, hotel, and meals); team award parties; outside team training/consulting; group events; all competition wear, including leotard, warm-up pants and jacket.

Q: How much are competition expenses?

A: It varies by the gymnast's level and the level of success of the RCC; on average between \$1,000-3,000 annually, per athlete. For a team of about 60-70 gymnasts, it costs between \$80k-\$100k annually.

Q: Where does all that money come from?

A: The Rose City Classic Gymnastics Invitational; without a successful RCC, the BC will be unable to assist team families with these expenses.

Q: What are committees?

A: Each responsibility of the BC is divided up into committees. For example, some committees are Pro- Shop, Decals, Leo Swap, Competition Wear, Hospitality, etc. You can expect to commit an average of one hour per month for these committees. The Executive Board (the President, VP, Treasurer, Secretary, and Meet chair) manages the BC business and is elected by the membership annually. You can expect to commit an average of 1- 2 days per month for a Board Position. The RCC committees should expect to commit one hour per month, except between the months of January and March, the time commitment increases significantly and varies based on the committee you serve. Every family, regardless of committee assignment, is asked to help work the RCC meet.

Q: Where do I go if I have questions?

A: You will be given a roster each year around August or September. This has all team member family contact info. It also says what committee or board position they hold. Always start with your level rep; if they can't help, you can contact an executive board member. Remember, if your question is related to your child's placement, team, or level, these questions must be answered by your coach, not a BC member.

Rose City Classic (RCC) FAQs

Q: What is The Rose City Classic Gymnastics Invitational (RCC)?

A: The BC's one and only fundraiser. This is a gymnastics competition that we host locally every year.

Nothing about gymnastics is inexpensive; least of all competing. Every dollar raised at this event goes directly to the benefit of the gymnast's competition expenses.

Q: When is the RCC?

A: The RCC is typically held at the end of February or early March.

Q: What should I expect to be asked to do for RCC?

A: Every family is asked to raise sponsorship money, usually about \$200-300, by selling advertising space in our program, signage to be hung at the gym, or by collecting donations. On the weekend of the meet, every family is asked to volunteer to work approximately 4-5 shifts. This work is done all day between Friday and Sunday on the meet weekend. It is highly recommended that you plan in advance to take off work and make child care arrangements for meet weekend. Time commitments for RCC weekend are typically around 20-25 hours per family.

Q: What are sponsorships?

A: Businesses or individuals who are sponsors receive advertising in our program and other benefits based on the level of sponsorship. Sponsorships are the profits that go directly to the bottom line and fund the income used to pay the competition expenses. They can be in the form of advertising space, cash donations, food donations, or service donations.

Q: What type of work will be needed on meet weekend?

A: There is a large variety of opportunities during RCC weekend. There are more labor-intensive positions during set-up and take-down. Other jobs include the selling of raffle tickets, admission tickets, and programs. There are also opportunities to coordinate hospitality for the coaches and judges. We also need approximately three volunteers to work the judging tables for each event at each session. There are also data entry positions. Our gymnasts usually serve by running score cards and passing out medals at the end of each session or by selling raffle tickets to the spectators. These are only the tip of the iceberg of what will be available at the next RCC. More specific instructions will get passed to each family as the meet gets closer.

Q: How long are shifts?

A: Shifts are usually between 4-5 hours. Children may not be left unattended during your shift. It would be a distraction to you and we do not want to cause any friction with the site management. This is why it is so important for you to have prearranged child care for meet weekend.

Q: Who can work a shift?

A: Your gymnast will be asked to work at least 1 shift during RCC. The gymnast's family is asked to work 4-5 shifts. These shifts can be worked by anyone (family, friends, neighbors, etc.) over the age of 16.

Q: What should a volunteer wear when working the RCC?

A: Part of the RCC meet committee's job is the creation of a RCC T-shirt. We ask all volunteers to purchase (under \$10 in years past) one of these T-shirts and to wear them at each shift they work. This makes us easily identifiable to our spectators who may need help or have questions.

Q: When does work begin for the next RCC?

A: Work begins immediately after the closing of the previous meet. Facilities must be secured for the following year; therefore, someone is already in the planning stages for the next meet. The meet chair will typically start sending out our meet information packets in September with sponsorship deadlines in January. At that time, there will more than likely be some informational meetings made available to the newer families or our seasoned families that have questions. The informational packets will contain everything you need to know about the RCC and what the expectations are for you to complete. Do not misplace these packets and be sure to read them thoroughly as they contain everything you need to know about RCC!